



# COUPLE ENRICHMENT

Mary Kay Glazer & Mark Moss,

Carol & Peter Letson

April 4-6, 2014



## A Weekend Retreat for Couples

Do you have a pretty good relationship with your life partner, and think things could be even better? This retreat may be just right for you. During the weekend, you will have a chance to celebrate one another's gifts, talk and listen deeply to each other, deepen your relationship as a path to spiritual growth, and nurture the sense of joy that comes from feeling fully yourself in relation to your partner.

The weekend's activities will support two essential skills—the ability to speak one's own truth and the ability to listen deeply to the other, giving you the chance to explore who you are now as individuals and as a couple.

The workshop is for couples in a committed relationship regardless of marital status or sexual orientation.

Program cost of \$375 per couple includes program, housing and meals, Friday dinner through Sunday lunch.

Sliding scale and scholarships available.

## WOOLMAN HILL Quaker Retreat Center

[www.woolmanhill.org](http://www.woolmanhill.org)

[info@woolmanhill.org](mailto:info@woolmanhill.org)

[www.Facebook.com/](http://www.Facebook.com/WoolmanHill)

WoolmanHill

107 Keets Road

Deerfield MA 01342

413-774-3431

*Mary Kay Glazer and Mark Moss* live in Ticonderoga, NY, and have been leading Couple Enrichment retreats for more than ten years. They are members of Rochester NY Monthly Meeting and attend Middlebury VT Monthly Meeting and the Ticonderoga Worship Group. Rochester Monthly Meeting and New York Yearly Meeting support Mark and Mary's ministry with a travel minute.

*Peter and Carol Letson* have been offering Couple Enrichment events for three years in the New England Yearly Meeting area. They are members of Mt. Toby Meeting and bring their experience in large and small meeting groups to their work.

**WOOLMAN HILL Quaker Retreat Center**  
107 Keets Road Deerfield MA 01342 + 413-774-3431  
www.woolmanhill.org + info@woolmanhill.org

**COST & REGISTRATION**

The standard rate for this retreat is \$375 per couple, with a sliding scale of \$300-\$450. The fee includes program, lodging and food for two people. Please ask if you need additional scholarship funds. A non-refundable deposit of \$100 is required to hold two spaces for the program. If you need to cancel, the deposit can be applied toward a future workshop.

**ARRIVAL & DEPARTURE**

Plan to arrive after 5pm Friday evening, in time for dinner at 6:30. The workshop will end by 2pm on Sunday. We are centrally located in western Massachusetts, close to both I-91 and Route 2. For those arriving by car, we will send directions after you register. Please let us know if you'd be interested in carpooling. The nearest Amtrak train station is in Amherst. Vermont Transit and Peter Pan bus lines stop in Greenfield. Please contact us in advance to arrange a ride from these stations.

**ROOM & BOARD**

Our 19<sup>th</sup>-century farmhouse has hand-hewn beams and wide pine floors, with simple dorm-style lodging. The meetinghouse and the first floor of the main building are wheelchair accessible. We serve nourishing, primarily vegetarian, home-cooked meals and always offer a vegetarian option. Please let us know if you have any dietary restrictions. Part of the community building at each retreat includes the joyful sharing of meal chores and clean-up.

**WHAT TO BRING**

Please bring your own toiletries, towels, and bedding (sleeping bag or sheets and blankets or comforter). Pillows are provided. Be sure to bring seasonally appropriate clothes and comfortable indoor and outdoor footwear. You might also like to bring a flashlight, journal, musical instrument... Please do NOT bring pets or candles. We have public internet access and limited cell phone reception. We encourage guests to consider whether cell phone or computer use will detract from their experience of being fully present, here and now.

To register for this program, please fill out the information below and send it to us with a \$100 deposit made payable to Woolman Hill. The balance is due at the beginning of the workshop. For more details about our programs and facilities, please visit our website ([www.woolmanhill.org](http://www.woolmanhill.org)) or use the above contact information.

COUPLE ENRICHMENT April 4-6, 2014	
NAMES:	
E-MAIL:	PHONE:
ADDRESS:	
MONTHLY MEETING (if applicable):	
Enclosed is _____. We plan to pay a total of _____ for the two of us to attend. (Standard rate per couple is \$375. Please see above for details about sliding scale.)	
DIETARY, HOUSING, OR OTHER SPECIAL NEEDS:	