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# NOTICING GOD'S NUDGES IN OUR LIVES THE SACRED ART OF INDIVIDUAL SPIRITUAL DISCERNMENT

## NANCY BIEBER

### MARCH 28-30, 2014

An offering in the series  
CRACKED OPEN:

GOING DEEPER INTO THE  
WHY, WHAT AND HOW OF  
OUR QUAKER PRACTICE

JOINTLY OFFERED BY

NEW ENGLAND  
YEARLY MEETING  
MINISTRY & COUNSEL

QUAKER STUDIES  
PROGRAM

WOOLMAN HILL  
RETREAT CENTER

WOOLMAN HILL  
Quaker Retreat Center

[www.woolmanhill.org](http://www.woolmanhill.org)  
[info@woolmanhill.org](mailto:info@woolmanhill.org)  
[www.Facebook.com/  
WoolmanHill](http://www.Facebook.com/WoolmanHill)  
107 Keets Road  
Deerfield MA 01342  
413-774-3431

Are you a spiritual seeker?

Are you looking for spiritually-centered  
ways to make decisions?

Do you seek guidance from the divine  
to fully know how to navigate life's path?

Our lives are full of decisions and we all want to choose wisely. Spiritual discernment is the practice of attending to God's nudges as we navigate our lives. Using material from her book, Nancy will introduce a three-fold approach to help us listen and respond to the Spirit whose wisdom and light exceeds our own. Bring a decision-making challenge if you have one (not necessary) and learn discernment practices for finding your way.

*A Quaker from Lancaster, PA, Nancy Bieber is the author of Decision Making & Spiritual Discernment: The Sacred Art of Finding Your Way. A psychologist, teacher, and spiritual guide, she has led retreats and workshops for many years. Nancy taught with School of the Spirit, is now on the staff of Oasis Ministries, an ecumenical spiritual formation program, and teaches prayer classes at Lancaster Theological Seminary. She and her husband Larry enjoy traveling, gardening and grand-parenting together.*



**WOOLMAN HILL Quaker Retreat Center**  
107 Keets Road Deerfield MA 01342 + 413-774-3431  
www.woolmanhill.org + info@woolmanhill.org

**COST & REGISTRATION**

The **standard rate for this retreat is \$190** (with a sliding scale of \$160-\$220). The fee includes program, lodging and food. Commuter rate is \$130. Please ask if you need additional scholarship funds. A non-refundable deposit of \$50 is required to hold a space for a program. If you need to cancel, the deposit can be applied toward a future workshop.

**ARRIVAL & DEPARTURE**

Plan to arrive after 5pm Friday evening, in time for dinner at 6:30. The workshop will end by 2pm on Sunday. We are centrally located in western Massachusetts, close to both I-91 and Route 2. For those arriving by car, we will send directions after you register. Please let us know if you'd be interested in carpooling. The nearest Amtrak train station is in Amherst. Vermont Transit and Peter Pan bus lines stop in Greenfield. Please contact us in advance to arrange a ride from these stations.

**ROOM & BOARD**

Our 19<sup>th</sup>-century farmhouse has hand-hewn beams and wide pine floors, with simple dorm-style lodging. The meetinghouse and the first floor of the main building are wheelchair accessible. We serve nourishing, primarily vegetarian, home-cooked meals and always offer a vegetarian option. Please let us know if you have any dietary restrictions. Part of the community building at each retreat includes the joyful sharing of meal chores and clean-up.

**WHAT TO BRING**

Please bring your own toiletries, towels, and bedding (sleeping bag or sheets and blankets or comforter). Pillows are provided. Be sure to bring seasonally appropriate clothes and comfortable indoor and outdoor footwear. You might also like to bring a flashlight, journal, musical instrument... Please do NOT bring pets or candles. We have public internet access and limited cell phone reception. We encourage guests to consider whether cell phone or computer use will detract from their experience of being fully present, here and now.

**To register for this program**, please fill out the information below and send it to us with a \$50 deposit made payable to Woolman Hill. The balance is due at the beginning of the workshop. For more details about our programs and facilities, please visit our website ([www.woolmanhill.org](http://www.woolmanhill.org)) or use the above contact information.

GOD'S NUDGES, March 28-30, 2014	
NAME:	
E-MAIL:	PHONE:
ADDRESS:	
MONTHLY MEETING (if applicable):	
Enclosed is \$_____. I plan to pay a total of \$_____ on the sliding scale of \$160-\$220 (\$190 standard rate).	
DIETARY, HOUSING, OR OTHER SPECIAL NEEDS:	