



Photo: Lindsay Freese

Program cost of \$150 includes program, housing and meals, Friday dinner through Sunday lunch. Scholarships are available.

**NOTE:**  
*This program will run concurrently with "Mindful Mortality."*

**WOOLMAN HILL**  
**Quaker Retreat Center**

www.woolmanhill.org  
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WoolmanHill  
107 Keets Road  
Deerfield MA 01342  
413-774-3431

# KNITTING FOR OTHERS

February 28-March 2, 2014  
Beth Gorton, Virginia Barker  
and Friends

Want to warm someone's heart? Knit for them! Knitting is one way of centering; if you don't know what needs you to knit it, centering and letting go of your preconceived ideas will let rise the person, cause or item that needs your energy. There are charities that collect knitted items for preemies, the homeless, foster children, cancer patients, and a host of others. Does your meeting have a prayer shawl ministry – or do you think it should? Get a start on creating one.

If you don't know how to knit, and want to learn, there will be plenty of support – and knitting needles and oodles of yarn to use. We'll have lots of patterns on hand, for a variety of projects, and of course you are welcome to bring your own plans. We will also have lists of places that encourage the donation of hand knit items.

We do not discriminate on the basis of age, sex, religious creed, etc. We welcome those differently abled – able to crochet, for instance; if you prefer another craft you are welcome to join us – although we might not be able to give as much help.

*Beth Gorton (from Quaker City Unity, NH, Meeting) and Virginia Barker (from Concord, NH, Meeting) are faithful members of the Quaker Knitting Goddesses, some of whom hope to add their wisdom to the gathering. They specialize in knitting with love, laughter, chocolate, and spirit.*

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**COST & REGISTRATION**

The standard rate for this retreat is \$150. The fee includes lodging and food. Commuter rate is \$120. Please ask if you need additional scholarship funds. A non-refundable deposit of \$50 is required to hold a space for a program. If you need to cancel, the deposit can be applied toward a future workshop.

**ARRIVAL & DEPARTURE**

Plan to arrive after 5pm Friday evening, in time for dinner at 6:30. The workshop will end by 2pm on Sunday. We are centrally located in western Massachusetts, close to both I-91 and Route 2. For those arriving by car, we will send directions after you register. Please let us know if you'd be interested in carpooling. The nearest Amtrak train station is in Amherst. Vermont Transit and Peter Pan bus lines stop in Greenfield. Please contact us in advance to arrange a ride from these stations.

**ROOM & BOARD**

Our 19<sup>th</sup>-century farmhouse has hand-hewn beams and wide pine floors, with simple dorm-style lodging. The meetinghouse and the first floor of the main building are wheelchair accessible. We serve nourishing, primarily vegetarian, home-cooked meals and always offer a vegetarian option. Please let us know if you have any dietary restrictions. Part of the community building at each retreat includes the joyful sharing of meal chores and clean-up.

**WHAT TO BRING**

Please bring your own toiletries, towels, and bedding (sleeping bag or sheets and blankets or comforter). Pillows are provided. Be sure to bring seasonally appropriate clothes and comfortable indoor and outdoor footwear. You might also like to bring a flashlight, journal, musical instrument... Please do NOT bring pets or candles. We have public internet access and limited cell phone reception. We encourage guests to consider whether cell phone or computer use will detract from their experience of being fully present, here and now.

To register for this program, please fill out the information below and send it to us with a \$50 deposit made payable to Woolman Hill. The balance is due at the beginning of the workshop. For more details about our programs and facilities, please visit our website ([www.woolmanhill.org](http://www.woolmanhill.org)) or use the above contact information.

KNITTING FOR OTHERS, February 28-March 2, 2014	
NAME:	
E-MAIL:	PHONE:
ADDRESS:	
MONTHLY MEETING (if applicable):	
Enclosed is \$_____. I plan to pay a total of \$_____ (\$150 is the standard rate for this program).	
<input type="checkbox"/> I would like to request scholarship assistance of \$_____.	
<input type="checkbox"/> I would like to contribute an additional \$_____.	
DIETARY, HOUSING, OR OTHER SPECIAL NEEDS:	