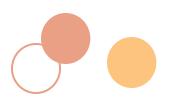
# NOVEMBER 4-6, 2016 BUILDING PASTORAL CARE SKILLS TO SUPPORT MEETINGS

SUPPORT ACROSS GENERATIONS FOR ELDERS (SAGE)
WITH FRAN BROKAW AND LORI MARTIN

Co-sponsored by New England Yearly Meeting's Ministry & Counsel Committee

The program cost of \$195 includes program, housing and meals. We encourage Friends to pay as much of the fee as they are able, and we encourage meetings to assist with covering costs as well. SAGE has obtained a start-up grant that will also help as needed toward registration expenses. Register on-line at www.woolmanhill.org.



# WOOLMAN HILL Quaker Retreat Center

www.woolmanhill.org info@woolmanhill.org www.Facebook.com/ WoolmanHill 107 Keets Road Deerfield MA 01342 413-774-3431 Grounded in the SAGE program's work to better equip meetings to minister to the elderly and those with disabilities, this weekend workshop will help individuals from monthly meetings to enhance their skills and ability to provide support and spiritual nurture. Using group presentations and discussion, small group role practice, and worship

sharing, participants will gain training in leading conversations on aging, quality of life and life goals, caregiver stress, facing our mortality, advance care planning, and sharing life stories. Many of these skills—including providing a listening



ear, spiritual support, and connection to community resources for individuals and families—apply to a broad range of pastoral care issues.

All are welcome. Meetings are encouraged to send members of their Ministry & Counsel equivalent, or others with concern, experience or leading toward pastoral care and spiritual ministry.

FRAN BROKAW is a retired physician specializing in end of life concerns and an active member of Hanover (NH) Friends Meeting. She completed The School of the Spirit's "On Being a Spiritual Nurturer" program, and is active in her monthly meeting and in New England Yearly Meeting.

**LORI MARTIN** is a community organizer and home educator. She has long been interested in aging, death and dying concerns. She is active in New Haven (CT) Monthly Meeting. Both **Lori** and **Fran** are active in NEYM's SAGE program.

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#### COST & REGISTRATION

The standard rate for this retreat is \$195, with a sliding scale of \$160-250. The fee includes program, lodging and food from Friday dinner through Sunday lunch. Commuter rate is \$135. Please pay what you can, and also encourage your meeting to financially support your participation. A non-refundable deposit of \$50 is required to hold a space for a program. If you need to cancel, the deposit can be applied to a future workshop.

### ARRIVAL & DEPARTURE

Plan to arrive after 4:30pm Friday evening, in time for dinner at 6:30. The workshop will end by 2pm on Sunday. We are centrally located in western Massachusetts, close to both I-91 and Route 2. For those arriving by car, we will send directions after you register. Please let us know if you'd be interested in carpooling. The nearest Amtrak train station is in Greenfield (MA). Vermont Transit and Peter Pan bus lines also stop in Greenfield, Megabus stops in Amherst. Please contact us in advance to arrange a ride from these stations.

#### ROOM & BOARD

Our 19<sup>th</sup>-century farmhouse has hand-hewn beams and wide pine floors, with simple dorm-style lodging. The meetinghouse and the first floor of the main building are wheelchair accessible. We serve nourishing, primarily vegetarian, home-cooked meals and always offer a vegetarian option. Please let us know if you have any dietary restrictions. Part of the community building at each retreat includes the joyful sharing of meal chores and clean-up.

## WHAT TO BRING

Please bring your own toiletries, towels, and bedding (sleeping bag or sheets and blankets or comforter). Pillows are provided. Be sure to bring seasonally appropriate clothes and comfortable indoor and outdoor footwear. You might also like to bring a flashlight, journal, musical instrument... Please do NOT bring pets or candles. We have limited internet access and cell phone reception. We encourage guests to consider whether cell phone or computer use will detract from their experience of being fully present, here and now.

<u>TO REGISTER</u> ON-LINE for this program, or for more details about our programs and facilities, please visit our website (www.woolmanhill.org). OR fill out the information below and send it to the address above with a \$50 deposit made payable to Woolman Hill. The balance is due at the beginning of the workshop.

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SAGE Pastoral Care, Nove	mber 4-6, 2016	
NAME:	MONTHLY MEETING (if applicable):	
E-MAIL:	PHON	NE: Circle: home / work / mobile
STREET ADDRESS: CITY, STATE, ZIP:		
Check if you wish:NC	T to share your contact info with oth	ner participantsNOT to be on mailing list.
ENCLOSED is \$ I ]	plan to pay a TOTAL of \$ on t	he sliding scale. (\$195 standard, \$135 commuter, see above)
DIETARY NEEDS	HOUSING	TRANSPORT
Please check any that apply:	Please check any that apply:	Please check any that apply:
_ Vegetarian	_ Commuting	_ Willing to offer ride(s)
_ Vegan	_ Prefer main building	_ Need ride
_ Gluten-free	_ Prefer cabin _ Light sleeper	_ Willing to drive or ride
_ No-dairy	_ Trouble with stairs _ I snore	_ Willing to have my contact info shared
Other:	_ Need to be near bathroom	_ Would like public transport info
	Other:	Other: