This four-day workshop (Thursday evening through Sunday lunch) will offer a chance for reflecting on the old year and looking towards the new. Engaging our creativity through art, prayer, meditation, journaling and worship sharing, we will explore our inner landscapes through visible contemplations. Participants will have options for varying amounts of silence or verbal participation throughout the retreat, and meals on Friday and Saturday will be in silence. In addition to plenty of creative opportunities (meditative drawing—"Drawing in the Spirit" and Zentangle, mandala creating and coloring, art journaling, Meeting for Worship with Attention to Art-making), there will be time for soaking in the natural beauty of Woolman Hill, enjoying the coziness of a woodstove, a New Year’s Eve bonfire, and whatever level of solitude or quiet companionship is right for you... No art experience or skill necessary!

**Michelle Brimage** has been a long-time attender at Beacon Hill (MA) Monthly Meeting, and creates mandalas as a spiritual practice. She has facilitated art workshops for the NEYM Young Friends, and for the high school students at The Meeting School. **Sheila Garrett** is a member of Putney (VT) Friends Meeting and has attended many silent New Years Retreats at Woolman Hill. A life-long artist, she taught art and meditation at The Meeting School, and 'Drawing In the Spirit of Nature' at Avena Botanicals. **Sadelle Wiltshire** is a member of Putney (VT) Friends Meeting, and is committed to art as a spiritual practice. She is a fiber/textile/mixed media artist, a Certified Zentangle Teacher and has been actively teaching a wide variety of art workshops since 1996.
COST & REGISTRATION
The standard rate for this retreat is $300, with a sliding scale of $210-410. The fee includes program, lodging and food from Thursday dinner through Sunday lunch. Commuter rate is $210. Please pay what you can, encourage your faith community to financially support your participation if that is appropriate, and please ask if you need additional scholarship funds. A non-refundable deposit of $50 is required to hold a space for a program. If you need to cancel, the deposit can be applied to a future workshop.

ARRIVAL & DEPARTURE
Plan to arrive after 4:30pm Thursday evening, in time for dinner at 6:30. The workshop will end by 2pm on Sunday. We are centrally located in western Massachusetts, close to both I-91 and Route 2. For those arriving by car, we will send directions after you register. Please let us know if you’d be interested in carpooling. The nearest Amtrak train station is in Greenfield (MA). Vermont Transit and Peter Pan bus lines also stop in Greenfield, and Megabus stops in Amherst. Please contact us in advance to arrange a ride from these stations.

ROOM & BOARD
Our 19th-century farmhouse has hand-hewn beams and wide pine floors, with simple dorm-style lodging. The meetinghouse and the first floor of the main building are wheelchair accessible. We serve nourishing, primarily vegetarian, home-cooked meals and always offer a vegetarian option. Please let us know if you have any dietary restrictions. Part of the community building at each retreat includes the joyful sharing of meal chores and clean-up.

WHAT TO BRING
Please bring your own toiletries, towels, and bedding (sleeping bag or sheets and blankets or comforter). Pillows are provided. Be sure to bring seasonally appropriate clothes and comfortable indoor and outdoor footwear. You might also like to bring a flashlight, journal, musical instrument... Please do NOT bring pets or candles. We have limited internet access and cell phone reception. We encourage guests to consider whether cell phone or computer use will detract from their experience of being fully present, here and now.

TO REGISTER ON-LINE for this program, or for more details about our programs and facilities, please visit our website (www.woolmanhill.org) OR fill out the information below and send it to the address above with a $50 deposit made payable to Woolman Hill. The balance is due at the beginning of the workshop.

CONNECTING WITH SPIRIT Year End Retreat, December 29, 2016—January 1, 2017

<table>
<thead>
<tr>
<th>NAME:</th>
<th>MONTHLY MEETING (if applicable):</th>
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<tr>
<td>E-MAIL:</td>
<td>PHONE:</td>
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<tr>
<td>STREET ADDRESS:</td>
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<tr>
<td>CITY, STATE, ZIP:</td>
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Check if you wish: ___ NOT to share contact info with other participants. ___ NOT to be on our mailing list.

ENCLOSED is $______. I plan to pay a TOTAL of $______ on the sliding scale. ($300 standard, $210 commuter, see above)

DIETARY NEEDS
Please check any that apply:
__ Vegetarian
__ Vegan
__ Gluten-free
__ No-dairy
Other:

HOUSING
Please check any that apply:
__ Commuting
__ Prefer main building
__ Prefer cabin
__ Light sleeper
__ Trouble with stairs
__ Need to be near bathroom
Other:

TRANSIT
Please check any that apply:
__ Willing to offer ride(s)
__ Need ride
__ Willing to drive or ride
__ Willing to have my contact info shared
__ Would like public transport info
Other: