

SWEET SOUNDS OF SILENCE ANNUAL YEAR-END SILENT RETREAT

WITH SHEILA GARRETT & MARGARET COOLEY
FRIDAY DEC. 29, 2017 - MONDAY, JAN. 1, 2018

The standard cost for this retreat is \$300 and includes program, housing and meals. There is a sliding scale (\$210-\$410) and scholarship help as needed.

For more information or to register, go to www.woolmanhill.org.

This four-day gathering will be a gentle-flowing communion in silence, a chance to reflect on the year past and the year ahead. We will co-create our time together, with chances for worship, walks, wildlife-watching, and woodstove-gazing. Weather permitting, we'll welcome the new year with a bonfire. There will be art supplies available, as well as books and writing materials. You're welcome to bring your own to add to the collection. Or simply bring yourself, with no pre-conceived expectations of how you will spend the time. Participants are welcome to engage in activities in whatever way best serves them. This retreat is an invitation into a simple spaciousness, a time to re-ground, to re-center and to step gracefully into a new year.



WOOLMAN HILL
Quaker Retreat Center

www.woolmanhill.org
info@woolmanhill.org
www.Facebook.com/WoolmanHill
107 Keets Road
Deerfield MA 01342
413-774-3431

Sheila Garrett (Putney, VT Friends Meeting) has attended many silent New Years retreats at Woolman Hill and is a life-long artist. *Margaret Cooley* (Mount Toby, MA Friends Meeting) is Executive Director of Woolman Hill and has been involved with several silent year-end retreats. They look forward to co-creating this experience with all of the participants.

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COST & REGISTRATION

The standard rate for this retreat is \$300, with a sliding scale of \$210-410. The fee includes program, lodging and food from Friday dinner through Monday lunch. Commuter rate is \$210. Please pay what you can, encourage your faith community to financially support your participation if that is appropriate, and please ask if you need additional scholarship funds. A non-refundable deposit of \$50 is required to hold a space for a program. If you need to cancel, the deposit can be applied to a future workshop.

ARRIVAL & DEPARTURE

Plan to arrive after 4:30pm Friday evening, in time for dinner at 6:30. The workshop will end by 2pm on Monday. We are centrally located in western Massachusetts, close to both I-91 and Route 2. For those arriving by car, we will send directions after you register. Please let us know if you'd be interested in car-pooling. The nearest Amtrak train station is in Greenfield (MA). Vermont Transit and Peter Pan bus lines also stop in Greenfield. Please contact us in advance to see if we can arrange a ride from these stations.

ROOM & BOARD

Our 19th-century farmhouse has hand-hewn beams and wide pine floors, with simple dorm-style lodging. The meetinghouse and the first floor of the main building are wheelchair accessible. Our cabins have electricity, woodstoves and outhouses. We serve nourishing, primarily vegetarian, home-cooked meals and always offer a vegetarian option. Please let us know if you have any dietary restrictions. Part of the community building at each retreat includes the joyful sharing of meal chores and final clean-up.

WHAT TO BRING

Please bring your own toiletries, towels, and bedding (sleeping bag or sheets and blankets or comforter). Pillows are provided. Be sure to bring seasonally appropriate clothes and comfortable indoor and outdoor footwear. You might also like to bring a flashlight, journal, musical instrument... Please do NOT bring pets or candles. We have limited internet access and cell phone reception. We encourage guests to consider how cell phone or computer use may detract from their experience of being fully present, here and now.

TO REGISTER ON-LINE for this program, or for more details, please visit our website (www.woolmanhill.org) OR fill out the information below and send it to the address above with a \$50 deposit made payable to Woolman Hill. The balance is due at the beginning of the workshop.

Sweet Sounds of Silence, Friday Dec 29, 2017 - Monday Jan 1, 2018		
NAME:		MONTHLY MEETING (if applicable):
E-MAIL:	PHONE:	Circle: home / work / mobile
STREET ADDRESS: CITY, STATE, ZIP:		
Check if you wish: <input type="checkbox"/> NOT to share your contact info with other participants. <input type="checkbox"/> NOT to be on mailing list.		
ENCLOSED is \$_____. I plan to pay a TOTAL of \$_____ on the sliding scale. (\$300 standard, \$210 commuter, see above)		
DIETARY NEEDS <i>Please check any that apply:</i> <input type="checkbox"/> Vegetarian <input type="checkbox"/> Vegan <input type="checkbox"/> Gluten-free <input type="checkbox"/> No-dairy Other:	HOUSING <i>Please check any that apply:</i> <input type="checkbox"/> Commuting <input type="checkbox"/> Prefer main building <input type="checkbox"/> Prefer cabin <input type="checkbox"/> Light sleeper <input type="checkbox"/> Trouble with stairs <input type="checkbox"/> I snore <input type="checkbox"/> Need to be near bathroom Other:	TRANSPORT <i>Please check any that apply:</i> <input type="checkbox"/> Willing to offer ride(s) <input type="checkbox"/> Need ride <input type="checkbox"/> Willing to drive or ride <input type="checkbox"/> Willing to have my contact info shared <input type="checkbox"/> Would like public transport info Other: