

HANDS TO WORK, HEARTS TO GOD

A KNITTING AND SPINNING WEEKEND WITH BETH, GINI, HEIDI & FRIENDS MARCH 2-4, 2018

Program cost of \$220 includes program, housing and meals.

A sliding scale and scholarships are available.

Register online at www.woolmanhill.org.

Knitting is one way of centering; if you don't know what needs you to knit it, centering and letting go of your pre-conceived ideas will let rise the person, cause or item that needs your energy. If you don't know how to knit, there will be plenty of support – and knitting needles and oodles of yarn to use. We'll have lots of patterns on hand, for a variety of projects, and of course you are welcome to bring your own plans.

Want to try spinning? We will have spinning wheels and drop spindles available for those who want to learn, and of course you can always bring your own if you have them. There will also be fleece available and lots of help.



So come for the knitting and learn to spin as a bonus!

Please note: we do not discriminate on the basis of age, gender, race, religious creed, etc. Welcome, all!

Beth Gorton (from Quaker City Unity, NH, Meeting), *Heidi Babb* and *Virginia “Gini” Barker* (both from Concord, NH, Meeting) are long-time handwork aficionados and experienced cooks. They specialize in knitting—and cooking!—with love, laughter, chocolate, and spirit.

WOOLMAN HILL
Quaker Retreat Center

www.woolmanhill.org
info@woolmanhill.org
[www.Facebook.com/
WoolmanHill](http://www.Facebook.com/WoolmanHill)
107 Keets Road
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COST & REGISTRATION

The standard rate for this retreat is \$220, with a sliding scale of \$160-330. The fee includes program, lodging and food from Friday dinner through Sunday lunch. Commuter rate is \$160. Please pay what you can, and also encourage your meeting to financially support your participation if appropriate. Please ask if you need additional scholarship funds. A non-refundable deposit of \$50 is required to hold a space for a program. If you need to cancel, the deposit can be applied to a future workshop.

ARRIVAL & DEPARTURE

Plan to arrive after 4:30pm Friday evening, in time for dinner at 6:30. The workshop will end by 2pm on Sunday. We are centrally located in western Massachusetts, close to both I-91 and Route 2. For those arriving by car, we will send directions after you register. Please let us know if you'd be interested in carpooling. The nearest Amtrak train station is in Greenfield (MA). Vermont Transit and Peter Pan bus lines also stop in Greenfield. Please contact us in advance to see if we can arrange a ride from these stations.

ROOM & BOARD

Our 19th-century farmhouse has hand-hewn beams and wide pine floors, with simple dorm-style lodging. The meetinghouse and the first floor of the main building are wheelchair accessible. Our cabins have electricity, woodstoves and outhouses. We serve nourishing, primarily vegetarian, home-cooked meals and always offer a vegetarian option. Please let us know if you have any dietary restrictions. Part of the community building at each retreat includes the joyful sharing of meal chores and final clean-up.

WHAT TO BRING

Please bring your own toiletries, towels, and bedding (sleeping bag or sheets and blankets or comforter). Pillows are provided. Be sure to bring seasonally appropriate clothes and comfortable indoor and outdoor footwear. You might also like to bring a flashlight, journal, musical instrument... Please do NOT bring pets or candles. We have limited internet access and cell phone reception. We encourage guests to consider how cell phone or computer use may detract from their experience of being fully present, here and now.

TO REGISTER ON-LINE for this program, or for more details about our programs and facilities, please visit our website (www.woolmanhill.org). OR fill out the information below and send it to the address above with a \$50 deposit made payable to Woolman Hill. The balance is due at the beginning of the workshop.

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| Hands to Work, Hearts to God, March 2-4, 2018 | | |
| NAME: | | MONTHLY MEETING (if applicable): |
| E-MAIL: | PHONE: | Circle: home / work / mobile |
| STREET ADDRESS: CITY, STATE, ZIP: | | |
| Check if you wish: <input type="checkbox"/> NOT to share your contact info with other participants. <input type="checkbox"/> NOT to be on mailing list. | | |
| ENCLOSED is \$_____. I plan to pay a TOTAL of \$_____ on the sliding scale. (\$195 standard, \$135 commuter, see above) | | |
| DIETARY NEEDS <i>Please check any that apply:</i> <input type="checkbox"/> Vegetarian <input type="checkbox"/> Vegan <input type="checkbox"/> Gluten-free <input type="checkbox"/> No-dairy Other: | HOUSING <i>Please check any that apply:</i> <input type="checkbox"/> Commuting <input type="checkbox"/> Prefer main building <input type="checkbox"/> Prefer cabin <input type="checkbox"/> Light sleeper <input type="checkbox"/> Trouble with stairs <input type="checkbox"/> I snore <input type="checkbox"/> Need to be near bathroom Other: | TRANSPORT <i>Please check any that apply:</i> <input type="checkbox"/> Willing to offer ride(s) <input type="checkbox"/> Need ride <input type="checkbox"/> Willing to drive or ride <input type="checkbox"/> Willing to have my contact info shared <input type="checkbox"/> Would like public transport info Other: |