

SUNDAY DEC. 29, 2019 -
WEDNESDAY JAN. 1, 2020

WINTER FLOWERING: IN TOUCH WITH YOUR WHOLE SELF

YEAR-END SILENT RETREAT
with JOE GARREN



Sliding scale cost
includes program, meals
and accommodation.
Scholarships available.

We are whole when we stop, look and listen with the winds, the stars and the hills. And we are strengthened when we do this together. We will celebrate and be part of the season's simple wonders, starting again in a new direction within the Eternal cycle of creation. Keeping in touch with the universe, which is ourselves, we are propelled into the New Year in Purity, Clarity, and Joy.

We can use the stillness of Winter to feel the peace inside of the Universe and within ourselves. We will listen to its messages and absorb them in the silence. We will follow the rhythms of our days together in worship, meditation and prayer, gift giving, bonfire celebrating, letting go of the past and moving into the future by honoring ourselves and the earth and sky around us.

Each person may engage in whatever combination of solitude and community time feels comfortable. Activities are indoors and outdoors and may include: periodic mindfulness of our relationship with the Universe throughout the day: the Divine Monastic Hours of Prayer using Advices and Queries concerned with the cosmos, interfaith sacred readings, and poems; daily Meeting for Worship; Quaker Opportunities: the practice of Spiritual Friendship with facilitator and/or other participants; celebratory and lamentation improvisational chanting/singing and movement; New Year's Eve bonfire: letting go of the past and moving into the future, followed by Meeting for Worship; walks in the woods, meditations with nature, journal writing, lectio divina, or whatever you wish.

**WOOLMAN HILL
Retreat Center**

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413-774-3431
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***Joe Garren** is a long-time member of New York Yearly Meeting, now sojourning at Middlebury Friends Meeting, VT (New England Yearly Meeting). Joe has facilitated programs on Quaker mysticism, vocal ministry, and on Quaker faith and practice at Woolman Hill Retreat Center, FGC Gathering and at Brooklyn, Scarsdale and Housatonic Friends Meetings. He has served and been an elder for Friends on many occasions, always on deepening worship.*

***Mark Moss** will serve as elder for the retreat. For many years, Mark worshiped in Ticonderoga (NY) and Middlebury (VT). He currently lives in North Carolina.*

WOOLMAN HILL Quaker Retreat Center

107 Keets Road Deerfield MA 01342 + 413-774-3431 + www.woolmanhill.org + info@woolmanhill.org

COST & REGISTRATION

The standard rate for this retreat is \$320, with a sliding scale of \$220-420. The fee includes program, lodging and food from Sunday dinner through Wednesday lunch. Commuter rate is \$220. Please pay what fits in your personal budget, encourage your faith community to financially support your participation if that is appropriate, and please ask if you need additional scholarship funds. A **non-refundable deposit of \$50** is required to hold a space for a program. If you need to cancel, the deposit can be applied to a future workshop.

ARRIVAL & DEPARTURE

Plan to arrive after 4:30pm Sunday evening, in time for dinner at 6:30. The workshop will end by 2pm on Wednesday. We are centrally located in western Massachusetts, close to both I-91 and Route 2. For those arriving by car, we will send directions after you register. Please let us know if you'd be interested in car-pooling. The nearest Amtrak train station is in Greenfield (MA). Vermont Transit and Peter Pan bus lines also stop in Greenfield. Please contact us in advance to see if we can arrange a ride from these stations.

ROOM & BOARD

Our 19th-century farmhouse has hand-hewn beams and wide pine floors, with simple dorm-style lodging. The meetinghouse and the first floor of the main building are wheelchair accessible. Our cabins have electricity, woodstoves and outhouses. We serve nourishing, primarily vegetarian, home-cooked meals and always offer a vegetarian option. Please let us know if you have any dietary restrictions. Part of the community building at each retreat includes the joyful sharing of meal chores and final clean-up.

WHAT TO BRING

Please bring your own toiletries, towels, and bedding (sleeping bag or sheets and blankets or comforter). Pillows are provided. Be sure to bring seasonally appropriate clothes and comfortable indoor and outdoor footwear. You might also like to bring a flashlight, journal, musical instrument... Please do NOT bring pets or candles. We have limited internet access and cell phone reception. We encourage guests to consider how cell phone or computer use may detract from their experience of being fully present, here and now.

TO REGISTER ON-LINE for this program, or for more details, please visit our website (www.woolmanhill.org) OR fill out the information below and send it to the address above with a \$50 deposit made payable to Woolman Hill. The balance is due at the beginning of the workshop.

Winter Flowering (Year-End Silent Retreat), Sunday Dec 29—Wednesday Jan 1		
NAME:		MONTHLY MEETING (if applicable):
E-MAIL:		PHONE: Circle: home / work / mobile
STREET ADDRESS: CITY, STATE, ZIP:		
Check if you wish: <input type="checkbox"/> NOT to share your contact info with other participants. <input type="checkbox"/> NOT to be on our mailing list.		
ENCLOSED is \$_____. I plan to pay a TOTAL of \$_____ on the sliding scale. (See "Cost & Registration" above for fees.)		
DIETARY NEEDS Please check any that apply: <input type="checkbox"/> Vegetarian <input type="checkbox"/> Vegan <input type="checkbox"/> Gluten-free <input type="checkbox"/> No-dairy Other:	HOUSING Please check any that apply: <input type="checkbox"/> Commuting <input type="checkbox"/> Prefer main building <input type="checkbox"/> Prefer cabin <input type="checkbox"/> Light sleeper <input type="checkbox"/> Trouble with stairs <input type="checkbox"/> I snore <input type="checkbox"/> Need to be near bathroom Other:	TRANSPORT Please check any that apply: <input type="checkbox"/> Willing to offer ride(s) <input type="checkbox"/> Need ride <input type="checkbox"/> Willing to drive or ride <input type="checkbox"/> Willing to have my contact info shared <input type="checkbox"/> Would like public transport info Other: